

## ATTAINMENT CHALLENGE – HEALTH & WELLBEING

DATE 22nd February 2017

VENUE Westerwood Hotel, Cumbernauld

OBJECTIVES & AIMS Objectives for both events:

- To provide a national update on aspects of the Attainment Challenge
- To provide practical help through case studies/workshops delivered by a range of staff from across Scotland
- To create the opportunity to meet informally with colleagues from schools across Scotland

TARGET AUDIENCE Staff with responsibility for Health and well Being ie. Principal Teachers, DHTs, HTs, PSE staff, and any other designated staff

### PROGRAMME

09.00 – 09.30

REGISTRATION

09.30 – 09.45

#### Welcome & Introduction

David Mitchell, PD Manager SLS

09.45 – 10.45

#### Session 1

Suzanne Hargreaves. Senior Education Officer Education Scotland (TBC)

10.45 – 11.15

#### COFFEE

11.15 – 12.15

#### Session 2 : Mental Health & Well Being

Margaret Thomson, PT Pupil Support Bo'ness Academy  
Dr Jenny Lim

12.15 – 13.15

#### LUNCH

13.15 – 14.15

#### Session 3 : Home Economics, Food & Health

Liz Nicol, PT Health & Wellbeing Prestonlodge High School

14.15 – 15.15

#### Session 4 : Physical Activity and Health

Tommy Lennox, PT Physical Education Loudon Academy

15.10 – 15.30

#### Open Forum